

SUNDAY STARTERS

EXTRA!

DISCUSSION TIME



Chat with your family or grown up - here are some questions to get you started.

Do you pray? How often do you pray?
What sort of things can we pray for?
Why is it good to pray?

When do you find it hard to pray?
Do you believe that prayer works?

Can you think of a time when one of your prayers has been answered?
How did it make you feel?
Does God always answer our prayers?

Why not try praying as a family if you don't already?

IDEAS FOR THE WEEK



Why not have a go at some of these creative ways to get you and your family praying!

Skittles Prayer - Chose a colour, pray and eat!
Red - Family / Purple - Friends / Yellow - World
Green - Environment / Orange - School/Work

Flip a Coin - Heads - Thank you for...
Tails - Please help me...

Bubble Wrap - Tell God your worries and pop a bubble as a symbol of giving them to God.

Teaspoon Prayer (TSP) T - Thanks / S - Sorry
P - Please

Lego Tower Building - Build a tower with lego bricks. For each block you add, thank God for someone or something.

Playdough Prayers - Make something out of the playdough you would like to thank God for.