

Illness and Exclusion Policy

Swallows Nest Preschool aims to promote a healthy environment for the children in our care and we need the parents/carers co-operation to support this.

- If parents/carers notice their child becoming ill or infectious they must inform the setting and they must have regard to the exclusion list below.
- If a child becomes ill or infectious at the setting, every effort will be made to contact the parents/carers. It is essential therefore that the setting has up to date information in order to be able to contact the parents/carers during setting hours. If the parents/carer cannot be contacted setting staff will endeavour to contact the other named contacts on the child's record
- If the setting is unable to contact a parent/carer or other named contact, Swallows Nest Preschool reserves the right to take the child to a GP or hospital in an emergency. Parents/carers will be required to give signed consent for the procedure on registering their child at the setting.

Notification of Exposure to Infectious Diseases

Illness/Infectious Diseases	Period of exclusion
Chicken pox/shingles	Yes, until 5 days after the onset of the rash
Conjunctivitis	None. However, it is the interest of all children If the child is kept at home, until eye stops being sticky
Diarrhoea and/or vomiting	Yes, Children and staff should be excluded From the setting until their symptoms have Settled and until 48 hours after the last Episode of diarrhoea or vomiting
Glandular Fever	No, there is no benefit in keeping children or Staff off once they feel well enough to attend
Hand, foot and mouth	None. However, whilst the child is unwell, He/she should be kept away from the setting
Head Lice	Treatment should be undertaken in line with Current Health Authority recommendations.
Hepatitis	Hep A – Yes, until the child feels well or until 7 Days after the onset of jaundice, whichever is later Hep B – Yes, children who develop symptoms will be too ill to be in the setting Hep C – usually no symptoms but care must Be taken with bodily fluids if person is known to Have Hep C
HIV/Aids	Should not be restricted or excluded
Impetigo	Yes, Until 48 hours after the start of treatment. If there is an outbreak, stop the use of sand, Water, playdough and cooking activities and Wash all dressing up clothes. (An outbreak is 2 or more cases)
Measles, Mumps and Rubella	Measles – Yes, until 5 days after onset of rash Mumps – Yes, until 5 days after the onset of Swelling Rubella – Yes, until 4 days after onset of rash

	and whilst unwell
Meningitis	Children will be too ill to attend and there is No need to exclude siblings or other close contacts
Molluscum contagiosum	None
Pharyngitis/tonsillitis	Yes, If the disease is known to be caused by Streptococcal (bacterial) infection the child or member of staff should be kept away from the Setting until 24 hours after the start of Treatment. Should stay at home if unwell
Rashes	A child who has a rash should visit their GP to Establish the reason for it
Ringworm (tinea)	No, Children need not be excluded but the Spread can be prevented by good personal Hygiene regular hand washing and use of separate towels and toilet articles. Parents should be encouraged to seek treatment.
Scarlet fever/Scarletina	Yes, until 24 hours after start of antibiotic Treatment and feel well enough
Slapped Cheek syndrome	An infected child need not be excluded as they are no longer infectious once rash occurs
Scabies	Not necessary but should be treated
Typhoid/paratyphoid	Yes, an infected child is likely to be very ill And whilst infectious unable to attend the setting
Tuberculosis (TB)	Yes, 'Open' cases until 2 weeks after treatment started or when physician advises. This is determined by sputum samples.
Verrucae	Not necessary
Whooping cough (pertussis)	Yes, an affected child and unvaccinated Contacts under 7 years old should be excluded until 5 days after treatment with antibiotics
Worms	Not necessary

We will actively promote the use of 'Catch it, Bin it, Kill it' initiative to teach children about good hygiene practices by promoting:

- The use of tissues for coughs and colds
- Access to bins to dispose of used tissues
- Hand washing in warm soapy water as soon as possible, before eating, preparing food and after toileting.

Notification of exposure to Infectious Diseases

If a child contracts any of the above infectious diseases, other parents will be informed, by phone or emergency newsletter and information on notice board.

If we have reason to believe that any child is suffering form a notifiable disease identified as such in the Public Health (Infectious Diseases) Regulations 1988, we will inform the East Midlands North Health Protection Agency (HPA) and Ofsted (EYFS requirement 3.49). We will act on any advice given by the HPA and inform Ofsted of any action taken.

The HPA list of notifiable diseases can be found at www.hpa.org.uk will be in the Parents' Operational Plan.

The East Midlands North Health Protection Team can be contacted at:

Institute of Population Health
City Hospital
Hucknall Road
Nottingham
NG5 1PB
Telephone: 0844 225 4524